

**ED'S STORY**  
**A Film Series about Hope**

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# **4MY GARDEN**

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**ED DOBSON**

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**A Film Series about Hope  
Featuring Ed Dobson**

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### **PERSONAL REFLECTION GUIDE**

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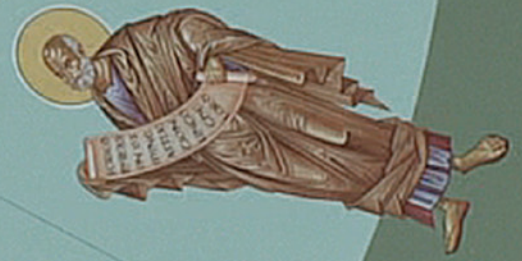
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prophet daniel



prophet babakuk

prophet isaiah

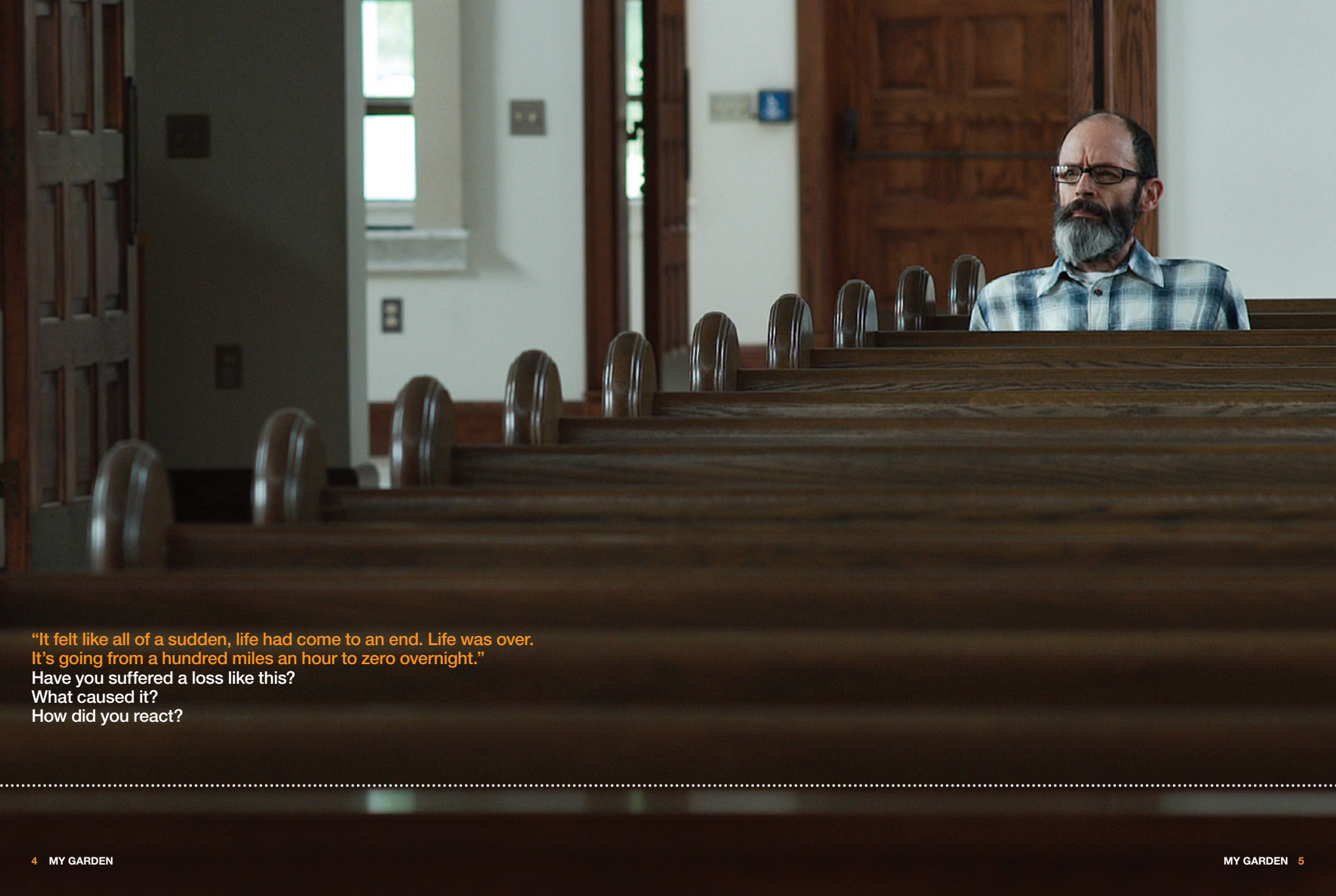
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4MY GARDEN





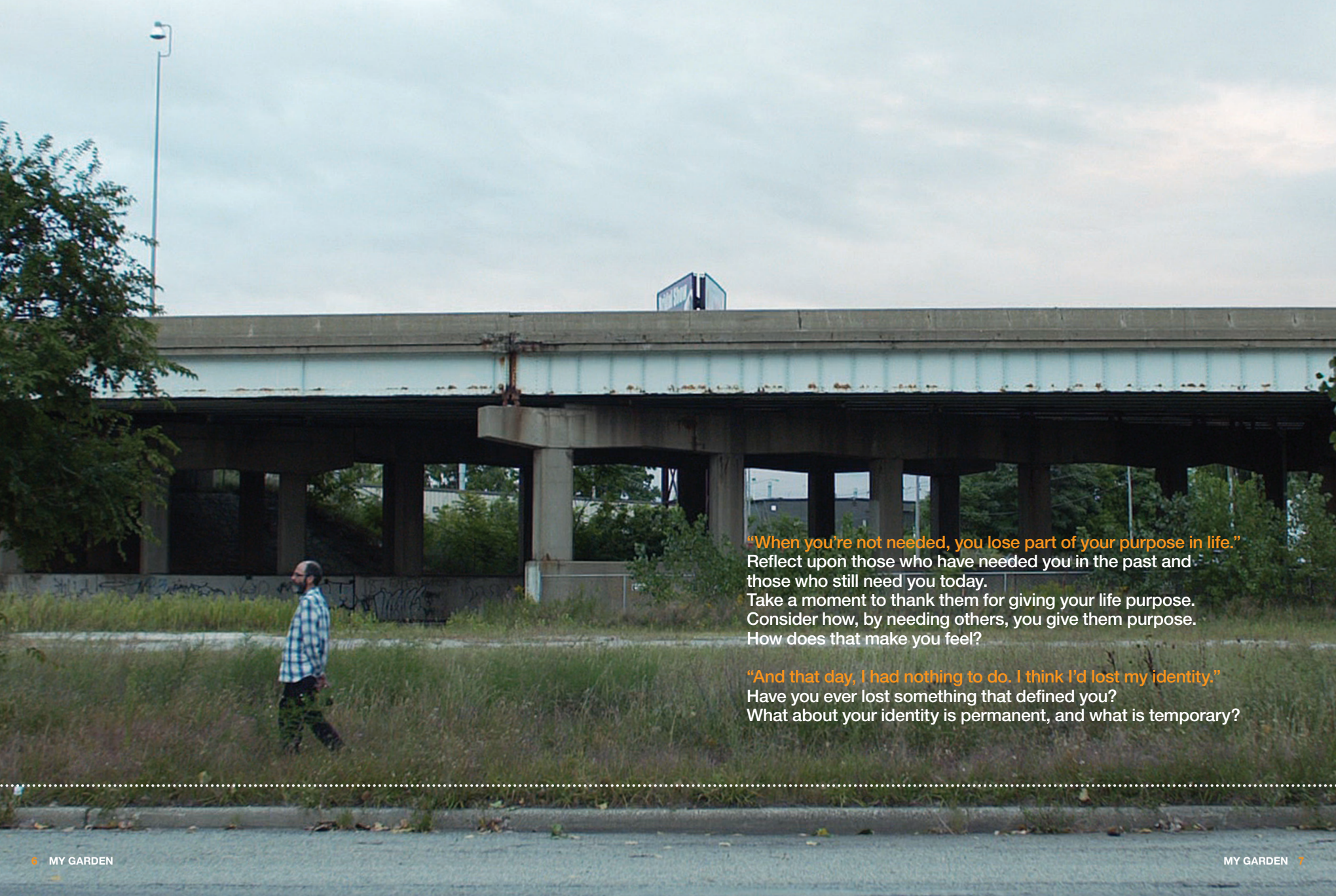
"It felt like all of a sudden, life had come to an end. Life was over.  
It's going from a hundred miles an hour to zero overnight."

Have you suffered a loss like this?

What caused it?

How did you react?





**"When you're not needed, you lose part of your purpose in life."**

Reflect upon those who have needed you in the past and those who still need you today.


Take a moment to thank them for giving your life purpose. Consider how, by needing others, you give them purpose. How does that make you feel?

**"And that day, I had nothing to do. I think I'd lost my identity."**

Have you ever lost something that defined you?

What about your identity is permanent, and what is temporary?





**“That year, I found a compelling purpose that helped me get up every day. The paradox is that for me, the purpose was following Jesus, which I’d been trying to do all my life.”**

What does it really mean to follow Jesus?

How does that look different in the midst of suffering?

**“And you only do the things that are important.”**

What are the things you consider important in your life?

**“I think humans have this capacity to think they’ll live forever.”**

Take a moment to ponder the end of your life.

Does it feel imminent? Distant?

How does this awareness change your everyday choices?





**"My garden today is meeting with individual people  
and helping them in their journey."**

**What is your garden?**

**How are you worshipping God with your life?**





**"Influence, one-on-one, is way more important."**

What one-on-one relationships have impacted your journey?  
Whose lives are you impacting?

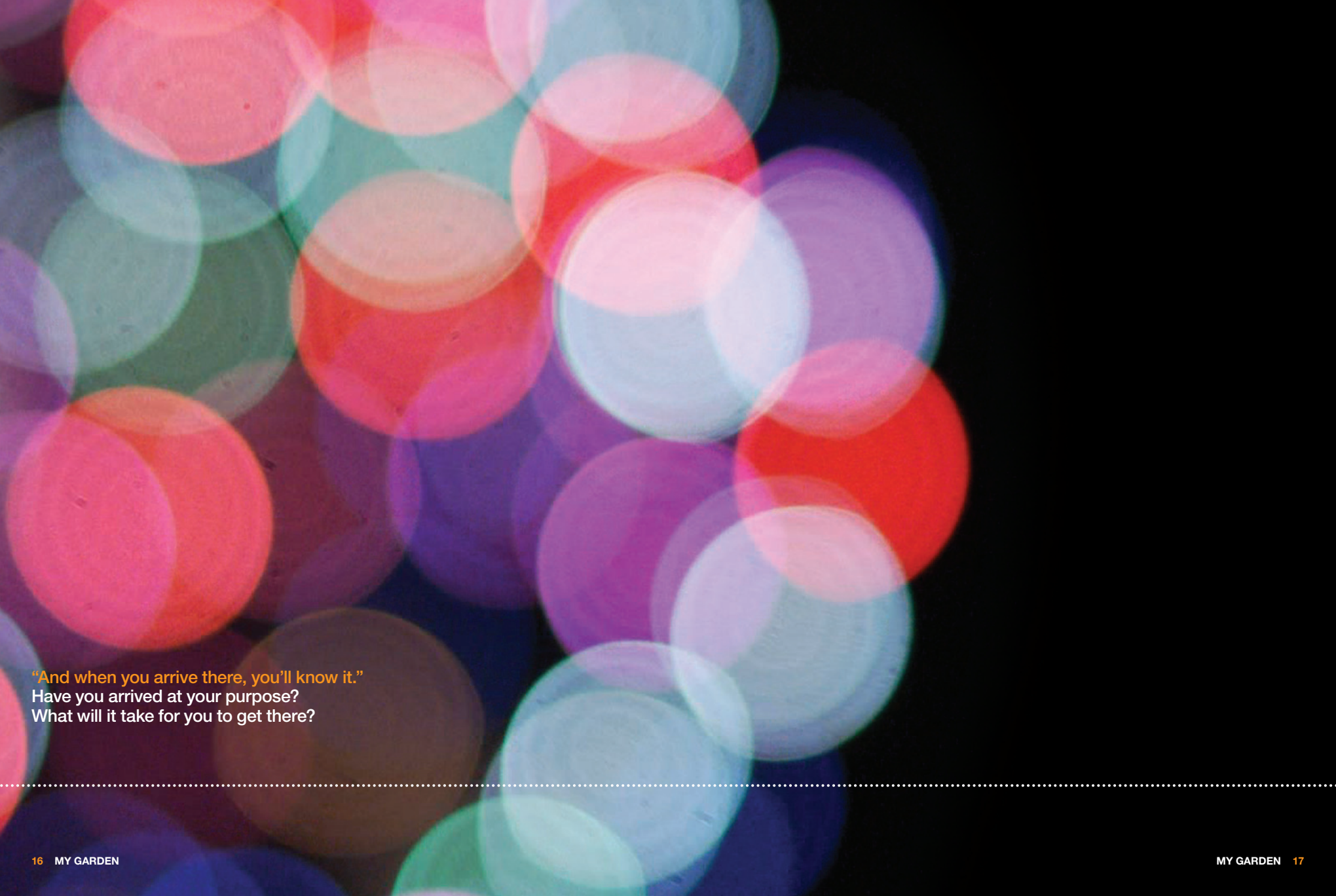




**“ALS forced me into a situation where I grew  
in understanding what it meant to obey Jesus.”**

Does suffering always bring us to a place of obedience?  
What has been your response to suffering — and how  
will you respond differently in the future?





"And when you arrive there, you'll know it."  
Have you arrived at your purpose?  
What will it take for you to get there?

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